



Non-Toxic Dad



NON-TOXIC DAD'S HOLIDAY SHOPPING GUIDE

This guide is intended for informational purposes only and does not replace professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition or treatment and before undertaking a new health care regimen. Never disregard professional medical advice or delay in seeking it because of something you have read in this guide.

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Introduction

The holiday season is upon us, a time for celebration, family, and, of course, gift-giving. But as we select presents for our loved ones, it's essential to consider what will bring a smile to their faces and contribute to their long-term well-being. The market is flooded with products that may seem perfect on the surface, yet many contain hidden toxins that can negatively impact health. At Non-Toxic Dad, we believe in gifting with a purpose—choosing items that are not only thoughtful but also safe and healthy.

This guide is designed to help you easily and confidently navigate the often overwhelming world of holiday shopping. Whether you're looking for non-toxic household items, personal care products, or even eco-friendly pet gifts, we've got you covered. Let's make this holiday season one, where the gifts under the tree contribute to the health and happiness of your family and friends.



Babies/Kids

Delight the little ones in your life with gifts that inspire imagination, comfort, and joy. From timeless books to cuddly toys and cozy clothing, these thoughtful options are perfect for babies, toddlers, and young readers:

For babies and toddlers:

- Indestructibles Jingle Baby Book - <https://amzn.to/3OiwK6d>
- Goodnight Moon - <https://amzn.to/3Zhiwgu>
- Good Night, Gorilla - <https://amzn.to/4fSiMyS>
- Daylight Computer
<https://buy.daylightcomputer.com/NONTOXICDAD>

Picture Books:

- Harry the Dirty Dog 3-pack - <https://amzn.to/48X4sb1>
- Roxaboxen - <https://amzn.to/48X4sb1>



Early chapter books:

- Can you hear the trees talking? - <https://amzn.to/48X4sb1>
- Heidi original unabridged - <https://amzn.to/48X4sb1>
- Three Tales of my Father's Dragon - <https://amzn.to/48X4sb1>

Clothing:

- We love anything from Pure Earth Collection - <https://tidd.ly/3Ci4PKz>
- Stuffed animals - <https://amzn.to/4g0Gfmm>
- <https://amzn.to/37mqGzR>
- Teething toy - <https://amzn.to/4eMA2JB>
- PJs - <https://amzn.to/414ByDP>
- Toddler/Little Kids Crewneck - matethelabel.sjv.io/nXLVzM
- Toddler/Little Kids Sweatpants - matethelabel.sjv.io/qz4o3g
- Organic Cotton Classic Tee - matethelabel.sjv.io/jera3Z

Electronics

- Daylight Computer Kid's Tablet
<https://buy.daylightcomputer.com/NONTOXICDAD>



Stocking Stuffers:

Stocking stuffers don't have to be an afterthought—they're the perfect way to introduce thoughtful, non-toxic products into your loved ones' daily routines. From all-natural personal care items like toxin-free deodorants and chapsticks to fun and practical gadgets, these small but impactful gifts show you care about their health.

- Nail Kit - <https://amzn.to/3ZeFRew>
- Organic candy canes - <https://amzn.to/3B3MCX4>
- Gum - <https://amzn.to/3CF769i>
- Men's Lip Balm - <https://amzn.to/40YYGDE>
- Manuka honey lollipops - <https://amzn.to/4fE8MhO>
- Wooden shake eggs - <https://amzn.to/3V3LmKt>
- Lip balm - <https://amzn.to/3ZhXA4w>
- Dr. Singha's Mustard Bath - <https://amzn.to/491kIM3>



For the wellness lover:

Give the gift of health and balance with these carefully curated items for the wellness enthusiast. From tools that promote restful sleep and relaxation to products that enhance daily routines, each gift supports a healthier, toxin-free lifestyle:



- Aizome Bedding - <https://aizome-textiles.com/pages/ntd-lp>
- Oura Ring - <https://amzn.to/4fWUgP>
- Jolie Shower Filter Head - <https://amzn.to/3Z7sXPt>
- Tushy Bidet - <https://amzn.to/3YT3ZSu>
- Squatty Potty Bamboo - <https://amzn.to/3Z1F9A5>
- EMF Rocks - <https://amzn.to/3C0kvvx>
- Queen of Thrones Castor Oil Pack - <https://queenofthethrones.com/?ref=WARRENPILLIPS>
- RA Optics blue light blockers - <http://www.raoptics.com/NONTOXICDAD>
- 10% off with 'NONTOXICDAD'
- AirDoctor - www.AirDoctorpro.com/nontoxicdad



For the man in your life:

Give the gift of care and confidence with these handpicked essentials designed to elevate his daily routine. From high-quality grooming products to non-toxic personal care, these items make it easy for him to look and feel his best every day:



- NADS Underwear - <https://bit.ly/4eIndqY>
- Crewneck - matethelabel.sjv.io/qz4oXg
- Sweatpants - matethelabel.sjv.io/qz4oqg
- T-shirt - matethelabel.sjv.io/GKm132
- Socks - matethelabel.sjv.io/3Jezrn
- Razor - <https://amzn.to/3ZetXBo>
- Facewash - <https://amzn.to/4hRKxyh>
- Shampoo - <https://amzn.to/48YCknM>
- Deodorant - <https://amzn.to/490e5pc>
- Styling clay - <https://amzn.to/3ASD8xQ>
- Face cream/lotion - <https://amzn.to/3V3T1Zf>



PETS (For your furry friend)

These thoughtful and health-conscious gifts give your pet extra love this holiday season. Whether it's a cozy spot to relax, a tasty treat, or wellness support, these items are sure to keep tails wagging and purrs going:



- Duck toy - <https://amzn.to/3ANcZAN>
- Icelandic beef collagen chews - <https://amzn.to/3ZneWgF>
- Cod skin rolls - <https://amzn.to/3ZnffvR>
- Probiotic/digestive enzyme - <https://amzn.to/3CN3To7>
- Paw balm - <https://amzn.to/4eL8Riu>
- Pet bed - <https://amzn.to/4eL9hp4>



For the special woman in your life:

Show the women you cherish just how much they mean to you with these thoughtful and non-toxic gifts. Whether it's a moment of relaxation or a boost to their self-care routine, these items are perfect for wives, moms, grandmas, or daughters:



- Wyde Notes Perfume - <https://wyldnotes.com/?ref=nontoxicdad>
- Solidteknics - <https://t.cfjump.com/93097/t/76381>

- Fontana Candles - https://fontanacandlecompany.com/collections?linkId=lp_325060&sourceId=nontoxicdad&tenantId=fontana-essentials
- Primally Pure Skincare Set - <https://link.primallypure.com/nontoxicdad86v>
- Primally Pure Deodorant Trio - <https://link.primallypure.com/nontoxicdad1v2>
- Innersense - <http://shrsi.com/4rcew>
- Favorite black leggings - <https://matethelabel.sjv.io/qz4oBO>
- This sweat shirt - <https://matethelabel.sjv.io/Z6QE0>
- And these sweatpants - <https://matethelabel.sjv.io/Z6QE0>
- For the softest sweat set
- Socks - <https://matethelabel.sjv.io/OerEZZ>
- Daylight Computer <https://buy.daylightcomputer.com/NONTOXICDAD>



For the Coffee Lover

- Stainless steel percolator - <https://amzn.to/4fH50RB>
- French press - <https://amzn.to/49be3eb>
- Frother - <https://amzn.to/3OscQON>
- Coffee - LifeBoost
<https://lifeboostcoffee.com/nontoxicdad>
- Syrup - <https://amzn.to/40ZH1VP>



Conclusion: Thoughtful, Safe, and Health-Conscious Gifting

As we wrap up this year's Non-Toxic Dad Holiday Shopping Guide, we hope you've found inspiration to give gifts that not only bring joy but also contribute to the long-term health and well-being of your loved ones. With so many products on the market that contain hidden toxins, it's important to make informed decisions that prioritize safety, especially when selecting gifts for the home, personal care, and even our furry companions. By choosing non-toxic options, you're not just giving a gift—you're offering peace of mind and helping create a healthier environment for those you care about.

This holiday season, let's focus on giving thoughtfully, prioritizing quality over quantity, and ensuring that the items we give promote health and well-being. Whether it's a set of non-toxic kitchenware, organic skincare, or eco-friendly fitness gear, these gifts reflect your commitment to the health and happiness of your family and friends. Here's to a season of healthier homes, safer products, and thoughtful giving!

